



Anxiety Disorders
Association of Manitoba

Free Public Information Sessions 2018

Evening: 1st Tuesday @ 7 pm

Daytime: 3rd Wednesday @ Noon

January 2	January 17
February 6	February 21
March 6	March 21
April 3	April 18
May 1	May 16
June 5	June 20
	July 18
August 7	August 15
September 4	September 19
October 2	October 17
November 6	November 21
December 4	December 19

Please join us at our ADAM Winnipeg office located at 100-4 Fort Street for all sessions. Registration is NOT required. Street parking is available on Fort Street, Garry Street and Assiniboine Avenue as well as a pay parking lot directly across from the entrance.